



Healthcare  
Management is  
Easier and Smarter  
Using your Patient  
Portal & Healow App

Tired of waiting on the phone to get answers regarding your health records?

Use both individually or together, the Patient Portal and Helow App are powerful tools to help you manage your health and the health of your family!

It's as Easy as 1....2....3 With the CMG Healow App!

1. **Download the Free Healow App** – simply search and download the free Healow App on your smart device
2. **Type in ADAC's practice code: DJDDCA** or your Provider's name on Healow's welcome screen, search for us by entering our practice code DJDDCA.
3. **Enter your user name and password.** – your Healow App user name and password is the same as your Patient Portal user name and password.

\*If you have not already created a patient portal account, you may do so at one of our office locations or contacting us.

### Patient Portal Easy Login

1. Visit [allergicdisease.com](http://allergicdisease.com)
2. Click on the Patient Portal icon
3. Login to your account with your username and password.

**Call 864-627-3800 if you have any questions**